

455 South Church Street Winston Salem, NC 27101

Office Hours:
Tuesday-Thursday
10 am-2 pm
or by appointment
336-829-5060
sandra@onwingslikeadove.com

Prayer Support Groups

Prayer Support Meeting
Monday, April 3rd
6:30 pm
Jackson Cornatzer
will share his testimony
as the child of addicts

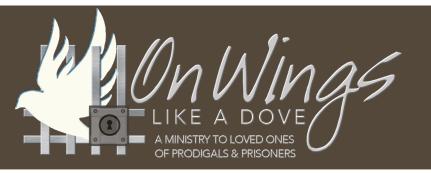
River Oaks Church Clemmons, NC 2nd and 4th Tuesdays at 6:30 pm Room #4 Led by Jeff & Sherye Hall

Ladies Bible Study

Each Tuesday At On Wings Office From 12:30-2:00

We are studying "No Other Gods" by Kelly Minter Led by Kay Eyler





A Newsletter from On Wings Like A Dove Ministry

April 2023 Vol. 19 Issue 4

Come to Me

"Come to Me, all you who are weary and burdened, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls, for My yoke is easy and My burden is light"

Matthew 11:28-30.

I love this invitation from God to come to Him when we are weary and heavy laden on our journey. We are probably most acquainted with this invitation, but I love the one in Revelation 22:17 also which reads: "The Spirit and the Bride say, "Come". And let the one who hears say, "Come". And let the one who is thirsty come; let the one who desires take the water of life without price".

The Revelation call is to an upward growth and maturity in Christ. The call of the Spirit and the Bride is a call to maturity of grace, to the fullness of excellence and hospitality, to the grandeur of salvation itself. It is a process which takes time and commitment. We must be willing to accept His invitation to come. He extends His invitation, but we have a choice to accept or reject it.

This year our Retreat will be entitled, "Finding Rest For Your Weary Soul", taken from our key passage. Maybe you are like me in that you find it hard to pull aside and rest in Him. Life is often hard and brings much pain and sorrow at times. The burden we carry all seems to rest on our shoulders as a heavy load.

God offers rest in Him as we learn to take His yoke upon us and allow Him to help us carry our burden. We can only find true rest in Him alone. We often reach for other things, people, or substances but they don't sustain us. The only answer is coming to God with it as we learn to lay it all down and leave it.

Rest as a verb means to cease work or movement in order to relax, refresh oneself or recover strength. How often do you set aside time for rest? Maybe a short power nap or a planned time to get away to a quiet place and let him speak to you and refresh you.

I admit, I have trouble totally resting. Because I am driven I tend to keep on with the task at hand even though my mind and body are weary. A doctor years ago sent me to talk to someone who tried to show me what rest looked like as he showed me pictures of a cat draped over a chair in complete surrender taking a nap or pictures of people at rest sitting in a chair on the beach or on a mountaintop.

As I have aged my body has begun to tell me when I need to relax but most times, I still find it hard to rest my mind. I have learned to listen to relaxing music, sit with a book and a cup of tea in hand, or just lay down for a period of time and let go of all that concerns me.

Our Retreat speaker Elizabeth will come and share what God has laid on her heart at our Spring Retreat about rest. A group of us have recently completed the Ruach Study that Elizabeth Gunter co-authored with her mother, Sylvia Gunter. We loved her teaching, and we are looking forward to what she will share to help us "Find Rest For Our Weary Souls" at the Retreat. The invitation to Come is now yours. If you have not signed up, please do. The cut off date for sign ups will be April 13th.

Hope to see you there. Only you can answer His call to "Come".

~ Sandra

Expectant

February brought news of a revival happening at Asbury University and spreading to other college campuses. Having a daughter who is an Asbury alumna, I was intrigued and interested. I spent hours searching Facebook, reading what people were writing, watching videos and texting with friends who live in the small, quaint college town of Wilmore. I was amazed as I read of some

people driving hours to go to Asbury, and even of people making plans to fly from England, South Korea, Kenya and India! Clearly, the hope of experiencing God in a new and powerful way was drawing people to Kentucky.

As I pondered this and looked at the long lines of people standing outside Hughes Chapel at Asbury University, waiting (sometimes in the cold and rain) to get inside, I was struck with the knowledge that they had come expectantly. They expected to meet with God in a special way. What about me? Do I go to church on Sundays expectantly? I go hopeful for some good music, and maybe to sing some favorite songs. I look forward to the sermon and hope that it will be a message that resonates with me. I look forward to fellowship with fellow believers and catching up with them. But – do I enter church expecting to encounter the Holy Spirit in a new and exciting way?

One of the steps to cultivating an expectant heart is preparation. I can prepare by praying and asking the Holy Spirit to till the soil of my heart, to make it ready to meet Him. I can prepare by singing songs and hymns to help get my thoughts centered on Him. I can prepare by repentance, intentionally confessing sin that I know to be in my life and asking the LORD to shine the searchlight of His Word in my heart, to expose areas of darkness. Praying, praise and repentance help me to have an expectant heart.

FINDING REST FOR YOUR WEARY SOUL



APRIL 28-30

CARAWAY CONFERENCE CENTER

Elizabeth Gunter will be our speaker co-author of Ruach Journey study

SPACE IS LIMITED!

TOTAL COST OF RETREAT IS \$150 INCLUDES ROOM, MEALS AND STUDY MATERIALS

EMAIL SANDRA
AT SANDRA@ONWINGSLIKEADOVE.COM
OR CALL 336-829-5060

FULL AMOUNT IS DUE WHEN RESERVATION IS MADE

NO REFUNDS IF YOU CANCEL AFER APRIL 14 BECAUSE ONCE YOU HAVE RESERED A ROOM, THE MINISTRY IS FINANCIALLY RESPONSIBLE WHETHER YOU ATTEND OR NOT Consider what David wrote in Psalm 40:1 – "I waited patiently for the LORD; and He inclined to me and heard my cry."

The first phrase, more accurately translated reads, "I have diligently expected the LORD; ...". It is worth noting that waiting for the LORD is not a passive activity, like waiting for a bus or an income tax refund; one who waits for Him waits diligently and expectantly, eagerly anticipating that the LORD will show up!

Mary went to Jesus's tomb expecting to see it closed and guarded. Angels met her with great and unexpected news!

During this season of Easter, may we cultivate expectant hearts through prayer, praise and repentance.

The Hebrew word Chayah translates to make alive, to cause life, to revive. As we prepare to celebrate the resurrection of Jesus, let us also eagerly anticipate His certain return, and the certain hope of living eternally with Him. May we each expect encounters with the Holy Spirit, leading to revival in our own hearts. Come LORD Jesus!

OUR RESIDENTS AND SOME LEADERS ARE STUDYING "EXPERIENCING GOD" BY HENRY BLACKABY THIS SPRING







GREAT JOB NICOLE

on obtaining your GED!

Let go, Let God

To "let go" does not mean to stop caning. It means I can't do it for someone else.

To "let go" is not to enable, but to allow learning from natural consequences

To "let go" is to admit powerlessness which means the outcome is not in my hands.

To "let go" is not to try to change or blame another; it's to make the most of myself.

To "let go" is not to care for, but to care about

To "let go" is not to fix, but to be supportive.

To "let go" is not to judge, but to allow another to be a human being.

To "let go" is not to protect, it's to permit another to face reality.

To "let go" is not to deny, but to accept.

To "let go" is not to nag, scold on argue but instead, to search out my own shortcomings and correct them.

To "let go" is not to adjust everything to my desires, but to take each day as it comes and cherish myself in it.

~ Author Unknown

Prayer Thoughts

The angel spoke to the women:
"There is nothing to fear here. I know you're looking for Jesus, the One they nailed to the cross. He is not here. He was raised, just as he said. Come and look at the place where he was placed. "Now, get on your way quickly and tell his disciples, 'He is risen from the dead. He is going on ahead of you to Galilee. You will see him there.' That's the message." The women, deep in wonder and full of joy, lost no time in leaving the tomb. They ran to



tell the disciples. Then Jesus met them, stopping them in their tracks. "Good morning!" he said. They fell to their knees, embraced his feet, and worshiped him. Jesus said, "You're holding on to me for dear life! Don't be frightened like that. Go tell my brothers that they are to go to Galilee, and that I'll meet them there."

Matthew 28:5-10 The Message

The Hope of the Resurrection

1 Thessalonians 4:13-18



We tell you this directly from the Lord: We who are still living when the Lord returns will not meet him ahead of those who have died. For the Lord himself will come down from heaven with a commanding shout, with the voice of the archangel, and with the trumpet call of God. First, the Christians who have died will rise from their graves. Then, together with them, we who are still alive and remain on the earth will be caught up in the clouds to meet the Lord in the air. Then we will be with the Lord forever. So encourage each other with these words. And now, dear brothers and sisters, we want you to know what will happen to the believers who have died so you will not grieve like people who have no hope.

For since we believe that Jesus died and was raised to life again, we also believe that when Jesus returns,

God will bring back with him the believers who have died.