

This is the Sign



455 South Church Street
Winston Salem, NC 27101

Office Hours:
Tuesday-Thursday
10 am-2 pm
or by appointment
336-829-5060

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Prayer Support Groups

Prayer Support
Monday, June 5th
6:30 pm

River Oaks Church
Clemmons, NC
2nd and 4th Tuesdays
at 6:30 pm
Room #4
Led by Jeff & Sherye Hall

Ladies Bible Study

Each Tuesday
At On Wings Office
From 12:30-2:00

We are studying
"Jesus and Women"
by Kristi McLelland



A Newsletter from On Wings Like A Dove Ministry

June 2023 Vol. 19 Issue 6

Finding Rest for Our Weary Souls

At our Ladies Retreat at the end of April, Elizabeth, our speaker and I were reminiscing about my first time attending a Ruach Journey Seminar. I recalled going to Chapel Hill and she said that was their beginning session in about 2008-2009. Wow, how time flies.

This was where I was first introduced to Prayer Portions authored by Elizabeth's mother Sylvia Gunter. It is also where I purchased my first blessings CD's which I still pull out on occasion.

As Elizabeth shared about the middle of the page exercise, I went back to Chapel Hill in my mind sitting on a hill outside in the spring air with my colored piece of paper and coloring pens. I was thinking---this is crazy, but as God began to download, I found myself writing down the answers to my questions as He spoke to my spirit or as He took me to a passage of scripture which spoke to my question.

When I was finished, I said, "wow", this wasn't so crazy after all. I went out and bought a pad of colored paper and have been searching for answers ever since in the middle of the page. It is a great tool and our ladies found it to be true as well.

It was so exciting for me to watch our participants from my seat on the back row at the Retreat. Seeing them leaning into God's Word spoken through Elizabeth and Kimberly was a true blessing to me. My life had been so enriched by the Ruach teachings and it is my passion and pleasure to pass its truths on to others.

We enjoyed Helen leading us in worship before each session in her soft, gentle way. We loved hearing her blow the shofar and describing its origin and significance. I believe when the Word talks about the sound of the trumpet to call us up with Him the shofar is what will be blown.

God blessed us during our time away as we learned more about the importance of realigning our spirit, soul, and body with the Father, Son, and Holy Spirit. We also learned the importance of blessing others and ourselves.

I am so grateful for all who participated by answering His call to "Come to Him" for the weekend and receive. It means to come and keep on coming. Does it amaze you as much as it does me that the King of the universe invites us to come to Him?

Before the Retreat I was reading Hosea 6:1-2, "Come and let us return to the Lord; for He has torn so that He may heal us; He has stricken so that He may bind us, give us life; on the third day He will raise us up, that we may live before Him".

It made me think about the fact that many of us had been torn before our arrival at the Retreat and He wanted to bring healing to each one and on the third day which was Sunday He was raising us up to go back home and live before Him sanctified from our time together. My scripture on Sunday morning was declaring there had been a breakthrough. I believe that happened for everyone in attendance and we came away healed in so many areas of our lives.

We had over thirty women answer God's invitation to Come, and I don't believe anyone walked away empty. We plan to offer the Ruach Study again in the Fall for any new participants or if you want to review. Elizabeth has offered to come back to take us into Ruach 2 for those who complete the course between now and possibly next year. Stay tuned and let me know by email if you are interested in taking the Study.

~ Sandra



Prayer. Thoughts

GOD'S PROMISE



AND WHENEVER THE RAINBOW APPEARS IN THE CLOUDS,
I WILL SEE IT AND REMEMBER THE
EVERLASTING COVENANT BETWEEN GOD AND EVERY LIVING
CREATURE OF EVERY KIND THAT IS ON THE EARTH.

GENESIS 9:16



Does the rainbow have a meaning? What is the biblical significance of the rainbow?

The rainbow has gained popularity in recent years as certain ideological groups have adopted it as their logo. However, God has already assigned meaning to this atmospheric beauty. In Scripture, the presence of a rainbow was a message from God; in fact, God says it is "my bow" (Genesis 9:13)—it belongs to Him.

The first rainbow appears after the flood. God was speaking to Noah, giving him some commands and promises. God said, "I have set my bow in the cloud, and it shall be a sign of the covenant between me and the earth" (Genesis 9:13). The covenant God refers to is that He would never again flood the whole earth as He had done. He told Noah that, every time he saw a rainbow, he could know that God had established a covenant with "all flesh that is on the earth" (verse 17).

The wording of Genesis 9 is interesting in that God says the rainbow will be a reminder for Himself to remember His covenant: "When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh. And the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth" (Genesis 9:14–16). This does not imply that God "needs" reminding; it is simply a way of saying that God will faithfully keep His covenant. He is ever mindful of His promise. The covenant is perpetual, enduring to all generations. Never again will there be a worldwide flood.

During this month, you will see a lot of rainbows that certain groups have adopted as their logo, but remember, the rainbow represents God's covenant to mankind and His creation as well as a reminder of His promise and His faithfulness!

Excerpted from [Compelling Truth.org](http://CompellingTruth.org)



WITH THIS CUP...

Ah June...often recognized as the most popular month to marry. School is out, the weather is nice, nature is beautiful and flowers readily available.

The Bible talks of several marriages: Isaac and Rebekah, Jacob and Leah and Rachel, Joseph and Asenath, David and Michal (and there are more) - the well-known wedding in the Gospel of John where Jesus turns water into wine, and finally the marriage supper of the Lamb and His bride mentioned in Revelation 19.

Several months ago a friend showed the movie *Before the Wrath* at our OWLD Tuesday Bible Study. The film explains how proposals and weddings were done during Biblical times. The man, in proposing to the woman, would offer her a chalice of wine. If she sipped from the cup, she was accepting his proposal and they were betrothed. The groom would then return to his father's house to build on a room and make preparations to receive his new wife there, where they would then make their home together. When all the work was completed, he waited for the time of his father's approval before he could go get his bride. Only the father knew when that time would be.

What clarity knowing this practice gives to Matthew 24:36 where Jesus says "No one knows about the day or hour, not even the angels in heaven, nor the Son, but only the Father." Truly, only the Father knows! Jesus also cautions us in vs 42, to remain alert for this time: "Therefore keep watch; because you do not know on what day Your Lord will come."

As we enter the month of June, let's enjoy the beauty of the season, and be mindful the Son is waiting the Father's permission to come and get His bride. Be on the watch, be ready because the greatest wedding celebration will be happening - soon, we hope!

Come, Lord Jesus!

COMMENTS FROM ATTENDEES OF THE RETREAT

(To the Elizabeth and Kim)



Wow, first let me say what an amazing abundance of blessings with the emails of links to continue the blessings — you ladies are truly an inspiration. I know we didn't get into our story much but let me just say that this weekend was something like I've NEVER experienced. First I knew that the after was about to be true crazy in my life. With school and work and the already not enough hours in a day, CAMEL CITY haha. The way God put the people and the retreat together of course in the form of y'all and Sandra 😊. I have a sense of peace that came over me, during my quiet time doing my middle of the page exercise. I didn't hear God speak that day. I most certainly felt him though. The impact the things I have heard made on me, I want you and Kim to know when y'all were speaking it was like no one else was there. I felt like that was just for me and my connection to him in those moments while I was there felt that strong also. To all the people in your ministry that were showering the blessings and prayers please give my thanks and love and blessings also. It is an overwhelming feeling to go from the person I was before that didn't feel like anyone cared if I lived to see tomorrow. To having so many people love you and pray for you, and want you to do well and be well

Thank you again

Love u!!!

Kristin Deveck

Thank you for covering us in prayer.
The weekend was beautiful. The weather,
the people ... the teaching.
I was so so blessed Saturday afternoon
during the middle of the page.
Thank you for being faithful - Kathy

My name is Kristen, I just wanted to say thank you for your prayers and blessings. This past weekend stirred up feelings I was trying to get past and over. A fear of my past and your words and exercises have made me feel a burden has been lifted. That I don't have to hold on to the past and all the fear and feelings that it brought me. I feel free of them.

I also hadn't thought of all that I put on my significant other. I look to him for acceptance, and everything really in how I feel about myself. And that's not what he's here for. I need to look to God only for those things. And you, Elizabeth and Kimberly, have shown me a more peaceful kinda simpler life than I was trying to live.

Thank y'all,

Kristen Simpson



For I am persuaded that neither death nor life,
nor angels nor principalities nor powers, nor
things present nor things to come, nor height nor
depth, nor any other created thing, shall be able
to separate us from the love of God which is in
Christ Jesus our Lord.

Romans 8:38-39

